Kevin: Here's another smile for a mile moment from MERIL.......A terrible car accident left Phyllis Ware of Maryville ...a quadriplegic...Phyllis, a former file clerk at St. Francis Hospital....now receives some assistance from MERIL.

Phyllis: "With MERIL they work on helping me with personal care, dressing and preparing food and cleaning my house the tasks that I am not able to perform..they help me with."

Kevin: With a little help from her friends, her daughter and MERIL Mentor, Valerie, Phyllis has a new confidence.

Phyllis: The people that I have been able to get through MERIL I feel very confident about my care I feel very pleased with my care...I feel more confident to go out into the community.

Kevin: Wanna feel good? Maybe you know of a friend, relative or neighbor...even in Nodaway or another county north and northeast of St. Joe that could use the services of Midland Empire Resources for INDEPENDENT living.....MERILcall 1-800-MERIL4U, that's the number 4 and the letter U- let's make northwest Missouri barrier free.