

Consumer Directed Services



Choose your own caregiver.

You can choose anyone (except for a spouse or guardian) to be your caregiver. Caregivers do not need any prior experience or training. If you do not have someone in mind, we have a list of people you can interview, so you can find the right fit. In the CDS program, you are the employer, and you can choose a new caregiver at any time.



Maintain your independence.

Using a caregiver allows you to receive the care you need while living in your own home, instead of moving into a nursing home. We are here to guide you and help you resolve any issues. We will teach you the rules of the program and process your caregiver's payroll.



Direct your own care.

As the employer, you set the work schedule for your caregiver, and you tell your caregiver how the services should be delivered. Services can include housekeeping, meals, shopping, personal hygiene, toileting, cleaning adaptive equipment, and more.

Visit meril.org/cds for more information.