

# Youth Services



## Take control of your future!

MERIL assists young people with disabilities as they set goals and plan for life after school. We believe young people should lead the way in making decisions about how to live their lives. We are here to help them develop the skills and resources they will need to live independent lives in their home, workplace, and community.



## Pre-Employment Training Services

MERIL helps high school students prepare for employment with interactive, one-on-one programs focused on writing resumes, interviewing, soft skills, and self-advocacy. Eligible students must be 16-21 years old, have a disability, and be returning to high school the following year.



## High School Graduation Transition

High school seniors with disabilities often have specific plans for their future, including employment, college, and living on their own. MERIL provides guidance and resources so young adults with disabilities can achieve their independent living goals.

Visit [meril.org/youth](http://meril.org/youth) for more information.